

The Pupil Council have been working very hard this year with a focus on Inclusion for all our pupils.

Our aim is to ensure everyone is fully supported and feels welcome in our school.

In our first Pupil Council leaflet we will tell you about what we do to make things easier in school no matter what your challenges are. The most important thing is ask for help when you need it.



# Dyspraxia

- Exercises to help with fine and gross motor skills
- Tasks written in a list to help remember the order
- Better movers thinkers programme



## Dyscalculia

- Extra support with maths
- Breaking down maths concepts
- More practice on basic maths
- Ask for help when you need it
- Using concrete materials



### WE ALSO HELP BY ....

- Displaying visual timetables
- Using visual prompts in the class and playground
- Using restorative practice
- Using lots of praise
- Working together to help each other



#### AUTISM

- Supply ear defenders
- Whole school assemblies to make sure everyone has an understanding of how to support an autistic pupil
- Visit from Inclusivist Leader to discuss autism
- Zen Den for pupils who need quiet space

#### DYSLEXIA

- Dyslexia library
- Coloured paper
- Coloured overlays
- Extra one to one support help
- Use of technology in class
- Talk from Inclusivist Leader about dyslexia

#### ADHD

- Fidget toys
- Brain breaks
- Zen Den
- Ear defenders available if needed
- Tasks and instructions broken down to make it easier to understand



#### HEARING / SIGHT IMPAIRMENT

- P7 learn some sign language
- Use of sign language—we welcome our deaf visitors using sign language.
- Raising awareness of deaf / blind community

#### LGBTQ+

- Rainbows and posters around the school
- Upper school assembly on LGBTQ+
- Making pupils aware of their rights
- Inclusive welcoming entrance.

### ANXIETY

- P7 class lessons with Mrs Ryman on what anxiety is and strategies to help
- One to one support
- Breathing strategies taught
- Kit bag
- We have adults we can go to if we need help or have a worry