

Bronze

Junior Duke

Lockdown Challenges





As times are a bit different at the moment and some tasks are usually assessed at school, I have made this page to help you to complete your Bronze Junior Duke challenges even though we are not in school just now.

This is what we hope you will do:

- Complete a challenge
- Take photos as you go
- Write up the self assessment in good sentences
- print the photos and stick them into your Mini Duke Journal
- take ONE photo of that challenge's double-page spread to send to waughd@hutchesons.org

Once you have completed all 7 of your chosen tasks, please email waughd@hutchesons.org so that we can keep a good record of who is to receive their certificates, Bonza Bonus Points and badges on our return to school.

If your parents use Twitter, a tweet @DukeAwards #juniorduke with your photos would be brilliant. Or if they are Instagram users, @dukeawards. Thank you.



Cookery

There is so much time to bake just now so choose a tasty recipe and learn how to make it all on your own. You won't be able to take it to school for testing so I will trust a strict parent to comment on your finished baking (and tidy kitchen!).



Art

Craft is a great thing to do when we are all stuck at home. Although you can't take your paper mache creation into school to be assessed, a photo will do.



First Aid

We all know how and why to avoid Coronavirus but use this time at home to learn your address and phone numbers and have some fun with pretend phones to report fake accidents to the emergency services. Also, without the help of your parents, learn how to use all of the phones in the house to make phone calls. Also practise the list of 'what to do in the event of an accident' and work out what to do with someone who is injured but conscious. Take lots of photos along the way.



Domestic Challenge

With all of this time on your hands, this is a great thing to practice in the house with your family. You could wash lots of things by hand and hang them on the line to dry.



Sport

As all clubs are closed just now, this could be tricky. However, if you have a trampoline, you could spend some time learning how to do a flip or a new skill. You could go running - work out a sensible route of up to a mile around your house. Run it a few times a week and keep a note of your times. Can you improve your time? for this I would like to see your route and the list of your times.



Independence Challenge

There aren't many reasons to be going out just now and it's really the parents who are going in to shops. You can still lead the family on your walk though. You should have a plan to go to a particular place and you should walk ahead, crossing roads carefully and trying not to get lost. This will be good practice for when you are allowed to help out by walking to the shop for something like milk or bread for your family.



Eco Challenge

This is a great thing to do while we are all at home so much. Keep your records clear and neat.



Interest

The news is full of stories about Coronavirus but there also other things happening in the world. As you can't 'report' your story to your class at the moment, please film your report as if you were a newsreader. If your parents have the imovies app on their phone, you can use the imovie 'themes' make it look really like a TV news programme! That can then be 'compressed' and attached to this task so that we can see it. You could even be dressed smartly like a newsreader!



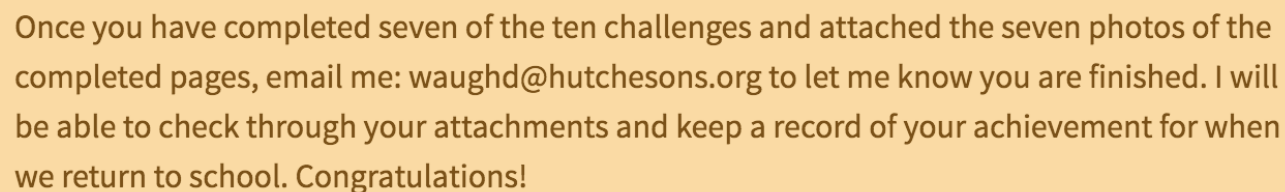
Swimming

Unfortunately all swimming pools are closed just now so this will be very tricky. It will have to be saved until after lockdown is over.



Modern Languages Challenge

You will have plenty of time to create your alphabet poster. I look forward to seeing it and seeing how many different European languages you include in your 26 words.



Once you have completed seven of the ten challenges and attached the seven photos of the completed pages, email me: waughd@hutchesons.org to let me know you are finished. I will be able to check through your attachments and keep a record of your achievement for when we return to school. Congratulations!

Once you have sent me your photos, I will pop them into the gallery below. See if you feature!

Patience! I am awaiting photos. The Gallery will grow as people send me their photos - please only send one of each challenge or my email will explode as I have the whole of P2 to P7 sending in evidence of their challenges!
